

## **The impact of the COVID-19 pandemic on adolescent emotional, social and academic adjustment**

Since the end of 2019, the COVID-19 pandemic and the measures to suppress the spread of the virus have had a strong impact on the daily life of teenagers worldwide. Teenagers might not only worry about the health of their relatives or the financial impact of the distancing measures, the lockdown and distancing measures have also resulted in drastic changes in their daily activities. Although these changes are thought to affect the mental health and wellbeing of adolescents, large individual differences exist in how adolescents are affected. Teenagers living in lower-income families, who have less or no access to the internet, and limited space at home seem to experience the most serious effects. Other adolescents might show resilience or might even experience positive effects of the COVID-19 pandemic. Drawing upon our own work and the work published by others, in this presentation I will discuss what is currently known about the role of COVID-19 in changes in emotional, social and academic adjustment during adolescence, and focus on COVID-19 related factors and processes that might account for these changes and individual differences.

**Susan Branje** is a Professor of Development and Socialization in Adolescence at the department of Youth and Family of Utrecht University, The Netherlands. She obtained her Ph.D. at the Department of Developmental Psychology of the Radboud University Nijmegen in 2003. Her work focuses on understanding the developmental associations of youth's relationships with parents, siblings, friends, and intimate partners with individual characteristics and psychosocial adjustment. Using long-term longitudinal designs, she examines the interplay between developmental and relational processes across moments, days and years and addresses the short-term within-person processes underlying macro-developmental changes. She examines development from early adolescence until young adulthood, including successful transitions to adult social roles and processes of intergenerational transmission.